

Pediped - Shoes for Health

If you are like me, you are a mom looking for a shoe that is both healthy for your child and for the environment. It's not easy to find, but thankfully there is Pediped!

More and more information shows the choices during our development have lasting effects into our adulthood. And while the stewardship of our whole body needs to be accounted for, I don't think it could be argued the vital role feet play in our life. Making sure that these guys develop properly is paramount.

Pinning down exact causes of adult foot ailments are hard, and genetics typically gets the blame. The source of my bunion was deemed "foot trauma". I searched my memory for something that seemed like trauma - did I get my foot stuck in a car door? It wasn't constricting ballet shoes, I never made it that far. Nothing comes to mind! Likely, a culmination of years of pounding the ground in sub-par shoes was the culprit. Now, I have a slightly deformed looking foot that constantly aches.

When I was growing up, there probably wasn't a lot of research about the importance of taking care of your child's feet. Also, for most families, trying to outfit your constantly changing child becomes an economic challenge. Pediped addresses this in multiple ways. One, by providing an insert that allows you to buy at least a half size bigger, the child can get more wear. Two, by offering styles that can be both sporty and dressy, a pair of shoes can go a long way in the wardrobe. Three, by offering shoes that can be machine washable, this same pair of shoes can look good until they don't fit anymore. Finally, because they are so comfortable and good-looking, kids want to wear them all the time.

Pediped backs up their product with plenty of foot health research. Starting from the earliest



stage, they basically offer the next best thing to walking barefoot. Their shoes are pliable to allow the soft cartilage in the foot to form naturally, as well as allowing the toes to grasp and build strong muscles. The materials are breathable to keep fungus and bacteria from forming. Feet continue to develop into early adulthood and providing shoes that meet these same criteria with more protection is key.

We also want materials that are touching our children's skin to be as safe as possible. And as every parent knows, really little ones don't discern between bananas and shoes, everything goes in the mouth. Pediped makes sure components are non-toxic, its leather meets the British and European Safety Standards for Toys and US Consumer Product Safety Improvement Act for using natural and non-toxic dyes. They offer lines with eco-friendly microfiber made with solvent-free manufacturing process, as well as vegan options. Their sources promote environmental consciousness and social justice, ensuring better lives for the planet and the people who make the shoes.

You can rest assured that your little one will be looking super cute every day, all the while developing great foot health and promoting environmental stewardship. Pediped has your back.